## My Prayer Hand

Trace one hand below. Then write names of people to pray for on each finger.

- Your thumb is closest to your heart, so pray first for those closest to you.
- Your index finger likes to point, so pray for those who point you to truth, like your teachers and pastor.
- Your middle finger is the tallest, so pray for those in the highest levels of authority in government and in your church.
- Your ring finger is the weakest, so pray for those who are hurt, troubled, sick and needy.
- Your pinkie finger is the smallest. Don't forget to pray for yourself, too.

| $S$ | $M$ | $T$ | $W$ | $T h$ | $F$ | $S$ |
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## Prayer Requests

| Name | Request |
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My Favorite Prayer Promise
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[^0]:    "Evening and morning and at noon will I pray and cry aloud. And He shall hear my voice." Psalm 55:17

